

The Café at Shields

Breakfast

Served 7:30am – 2:30pm

We proudly serve free-range chicken, & all natural, hormone and antibiotic free beef. All our bread is freshly baked in house without any preservatives or additives.

Egg and omelet entrees served with your choice of hash browns, rainbow or country-style potatoes and homemade wheat, white, rye, sourdough. Add avocado for \$3. Substitute English muffin for \$1.95.

No other substitutions after 11:00am.

Santa Fe Omelet 12

Three-egg omelet with pepper jack cheese, cilantro, onions, and jalapeño, topped with tortilla strips, avocado, and red salsa.

Ratatouille Omelet 12

Three-egg omelet with zucchini, onions, mushrooms, tomatoes, red bell peppers, eggplant, basil, and feta cheese. 🌱

Cheese Omelet 11

Three-egg omelet with your choice of cheddar, pepper jack, provolone, Swiss, bleu, or feta cheese. 🌱

The Works Omelet 12.50

Three-egg omelet with bacon, sausage, ham, tomato, onions, mushrooms, red bell pepper, spinach, and your choice of cheddar, pepper jack, provolone, Swiss, bleu, or feta cheese. 🌱

Denver Omelet 11.50

Onions, red bell peppers, ham, and choice of cheddar, pepper jack, or provolone cheese.

South Western Omelet 12.50

Shredded chicken, bell peppers, onions, tomato, red salsa, cilantro, topped cheese mix, and *papas rancheras*. 🌱

Fit Omelet 11

Healthy yet tasty combination of four egg whites, spinach, tomato, mushroom, and tofu.
Served with a side of fruit. 🌱

Two Eggs Any Style with Bacon or Sausage or Ham 11

Two eggs any style, served with choice of bacon, sausage, or half ham. \$2.50 more for full ham. 🌱

Steak & Eggs 14

New York Strip Steak served with two eggs any style. 🌱

Shields' Eggs Benedict 12

Two halves of English muffin topped with ham, poached eggs, covered with our own chipotle hollandaise sauce. Served with a side of rainbow potatoes.

Country Fried Steak 14

Served with two eggs any style, country gravy, and choice of hash browns or country potatoes.

***Desayuno a la Mexicana* 13**

Two eggs any style with *Chile Verde* or *Chile Colorado*, *papas rancheras* and corn or flour tortillas. 🌮

***Chilaquiles* 12**

Tortilla chips simmered in red salsa with grilled onions topped with two eggs any style, cilantro, red onion, *queso fresco*, and a side of sour cream. 🌮

English Muffin Sandwich 10.50

Hearty breakfast sandwich made with egg, ham, Swiss cheese, mayo, and a side of country potatoes.

Beef Sopas 12

Shredded beef and lettuce, beans, onions, and a poached egg with red or green salsa on a thick *masa* patty; topped with *queso fresco*. 🌮

French Toast 11

Freshly-baked bread dipped in egg sprinkled with powdered sugar. Served with a side of bacon, sausage, or half side of ham.

Stuffed French Toast 11.50

Filled with sweetened cream cheese, strawberry sauce, fresh berries, and sprinkled with powder sugar.

Blueberry Pancakes 13

Made from scratch with mouthwatering blueberries. Served with two strips of bacon.

Shields Pancakes 11

Made from scratch with flour and eggs, served with a side of bacon, sausage, or half side of ham.

Chocolate Chip Pancakes 11

Made from scratch with flour and eggs, served with a side of bacon, sausage, or half side of ham.

***Cajeta & Banana Pancakes* 11.50**

Made from scratch with flour and eggs, served with a side of bacon, sausage, or half side of ham with house made *cajeta*.

***Shields Date Pancakes 13**

Our pancakes made from scratch with eggs and flour, mixed with a touch of date butter, and a sprinkling of Deglet Noor dates on top. Add \$2.25 for a side of bacon, sausage, or half side of ham.

***Oatmeal 11**

Oatmeal prepared with raisins, brown sugar, Deglet Noor dates, green apples & walnuts.

Fruit & Yogurt Parfait 9

Low fat yogurt, berries and granola. 🍌 *without granola*

***Fruit Plate with Cottage Cheese 11**

A medley of seasonal fruits from our very own orchards.

Huevos Rancheros con Nopales y Frijoles 12

Ranch Style Eggs with Cactus & Peruvian Beans.

Two eggs with your choice of red or green salsa, and *nopales* (cactus). Served with a side of Peruvian beans, country-style potatoes, and corn or flour tortillas. 🌮🚫GF with corn tortillas

Machaca con Huevo y Frijoles 12

Two eggs with shredded beef, red bell pepper, onion, and poblano peppers, served with a side of Peruvian beans and country-style potatoes. 🚫

Chorizo con Huevo 12

Two scrambled eggs with chorizo, and a side of country potatoes, Peruvian beans and corn tortillas. 🌮

Burrito de Machaca con Huevo 10.50

A hearty burrito filled with two eggs, shredded beef, red bell pepper, onion, and poblano peppers, wrapped in a flavorful, cilantro-jalapeño flour tortilla. Served with a side of Peruvian beans.

Burrito de Chorizo, Huevo y Queso 10.50

A hearty burrito filled with two eggs, chorizo (spicy Mexican sausage), and cheese, wrapped in a flavorful, cilantro-jalapeño flour tortilla. Served with a side of Peruvian beans. 🌮

Menudo Special (Saturdays & Sundays only) 12

Freshly made *menudo*. Served with fresh corn tortillas, diced onion, cilantro, and lemon. 🌮

Breakfast Sides

- | | | |
|----------------------|---|--|
| Cottage Cheese 3.50* | Half Grapefruit 3.25 🚫 | *Side of Seasonal Fruit 5 🚫 |
| Side of Bacon 4.50 🚫 | Side of Sausage 4 🚫 | Toast (4pc.) or (1) English muffin with *Date Butter 4 |
| One Pancake 2.50 | One Egg 1.95 🚫 | Side of Full Ham 5 |
| Date Pancake 4.50 | Side of Corn Tortillas 2.50 🚫 | |
| Side of Beans 3.50 | Side of Hash Browns, Country Potatoes, or Rainbow Potatoes 4.50 | |